CyberHealth Solutions - Password Policy Guide

# 1. Purpose

To establish requirements for the creation, protection, and management of strong passwords.

# 2. Scope

Applies to all users with access to systems, applications, and devices managed by CyberHealth Solutions.

# 3. Password Requirements

- Minimum 12 characters.  
- At least one uppercase, one lowercase, one number, and one special character.  
- No reuse of the last 5 passwords.  
- Change passwords every 90 days.

# 4. Password Protection

- Do not share passwords.  
- Use password managers for secure storage.  
- Avoid writing down passwords.

# 5. Multi-Factor Authentication (MFA)

MFA is mandatory for all remote access and administrative accounts.

# 6. Enforcement

Violations of this policy may result in disciplinary action including access revocation.